Ventilation

A guide to ventilation solutions that improve comfort, marketability, and energy efficiency.

The BE-Ex solution packages are a suite of six documents compiled from the Anatomy of an Energy Efficient Building exhibit on view at Building Energy Exchange's downtown resource center, or virtually at **be-exchange.org/anatomy** Anatomysie sustainable of a ENERGY EFFICIENT Building nt BETTER!!! be ex

building energy exchange The performance of ventilation systems is often contingent on the function of other building systems. Ventilation upgrade decisions should be made in the context of how other systems will impact ventilation operation and performance.



1

envelope \rightarrow ventilation

High performance building envelopes restrict outside air from entering occupant spaces, requiring balanced ventilation systems to ensure fresh air supply.

2

ventilation \rightarrow heating & cooling

Energy recovery ventilation systems pre-condition incoming outdoor air, reducing demand on the heating and cooling system. Investing in operations and maintenance best practices ensures that building systems run optimally, enabling proper performance in existing equipment and maximizing return on investment in new systems. Best practices for ventilation sytsems include:

- Clean and inspect ERV units periodically.
- Clean ductwork to clear dust and debris, repair damaged ductwork, and seal gaps and holes along ductwork and at register and fan connections.
- Calibrate fan speed and pressure settings and adjust airflow rates at registers.
- Clean or replace interior air filters.
- Conduct air quality surveys of interior spaces.

ventilation efficiency measures

Balanced, energy-recovery ventilation systems improve indoor air quality while reducing emissions and energy use. Systems components are interdependent and should be addressed together under a comprehensive scope.

Key

EASE OF IMPLEMENTATION

EASE		
not	moderately	very
easy	easy	easy

Ease of Implementation reflects technical and financial feasibility.

Measures marked "not easy" are typically expensive, complex, highly disruptive, or pay back slowly, while "very easy" measures tend to be in-expensive, guick, and straightforward.

PROJECT IMPACT

IMPACT		
low	moderate	high
impact	impact	impact

Project Impact reflects potential to reduce energy and emissions and to improve system performance.

"Low impact" measures typically yield minor savings and incremental improvements, while "high impact" measures achieve major savings and comprehensive improvements.



ADDED BENEFITS

operations & maintenance Keeps building performing optimally when completed on a routine basis



Enhances indoor environmental quality and advances occupant wellbeing

marketability

Improves aesthetics and upgrades occupant spaces, increasing appeal to potential tenants

future-ready

Puts building on path for longterm emissions reduction and legislative compliance

RATING SYSTEM METHODOLOGY

Ratings and benefits of energy conservation measures were assigned based on NYC energy audit data and analysis by industry experts. Actual results will vary by building type, use, and baseline conditions.

Clean & Tune System

Repair & Calibrate Fans

Replace fans belts and adjust fan settings to ensure every space in the building achieves necessary exhaust levels.

EASE	
IMPACT	



Clean Ducts & Calibrate Registers

Clean ducts to improve airflow and indoor air quality. Clean and calibrate registers when adjusting fans to maintain buildingwide ventilation targets.

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Exhaust Stale Air & Pollutants

Install Self-Balancing Registers

Install grilles/registers that automatically damper airflow to achieve consistent ventilation. New grilles provide an updated aesthetic.

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Repair Damaged Ductwork

Coordinate repairs with cleaning and sealing work to streamline scheduling and costs.

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Install Direct-Drive Exhaust Fans Seal Leaks in Ducts & Shafts Install or Commission an Install Energy Recovery Ventilator Economizer (ERV) Install right-sized fans with built-Seal leaks to improve airflow control. in, variable speed controllers. Use mineral wool/fireblocking foam Install or program economizers Install ERVs to recover waste heat air Adjust settings to meet pressure for large holes; use remote spray to use outdoor air for free cooling from exhaust and pre-temper supply requirements for the system. sealing for finer holes. when the temperature drops below a air. Reducing heating and cooling designated point. loads may allow for equipment to be downsized, freeing up roof space. EASE EASE EASE IMPACT IMPACT IMPACT ADDED ADDED ADDED ξò BENEFITS BENEFITS BENEFITS

Provide Fresh Air While Reducing Energy Loads, cont.



Install Dedicated Outdoor Air

Recalibrate Fans & Registers

Recalibrate system components after any major work to ensure ventilation and efficiency levels are maintained.



Run Ventilation Only As Needed

Provide Fresh Air While Reducing Energy Loads

Install Zoning Wiring & Controls

Establish zoning to enable the use of automated ventilation control strategies like scheduling, occupancy, and demand-based controls.

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Install Occupancy Sensors

Install motion or CO2 sensors to adjust ventilation rates according to occupancy levels. (Must also have variable speed fans and damper controls in place).

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Exhaust Stale Air & Pollutants, cont.

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BENEFITS

System

Run Ventilation Only As Needed, cont.

Install Fan Timers/Schedule	Upgrade/Integrate HVAC Controls		
Install timers or schedule setbacks to reduce ventilation rates in places with predicatable occupancy patterns.	Upgrade to a centralized building management system or integrate ventilation, heating, and cooling controls.		
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ADDED BENEFITS 🐼 다 즈 調			

Further Reading

The BE-Ex solution packages cover the following building systems:



To access the suite of solution packages, visit: be-exchange.org/anatomy-solutions

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